

# Parent Survey

## Wellbeing Workshops



I have children in the following grades.

Kinder	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6

Please indicate your top 4 preferences by placing 1, 2, 3, 4 in the relevant box.

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Building Resilience for kids – helping children bounce back from challenges.

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Online safety – explore safety of the online world and how to set boundaries and have conversations with children about online safety.

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Emotional literacy and growth – helping children understand emotions, stages of growth and learning for children's emotions.

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Building strong connections – helping your child communicate and build friendships.

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Understanding behaviour – understanding behaviour and what is behind it, looking at practical ways to work with it.

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Supporting your child's mental health – a wholistic approach to supporting children's wellbeing.